If you need help or support in recovery:

RASE Project of Lancaster

131 East Orange St. Lancaster PA 17602 (717) 295-3080 www.raseproject.org

Donegal Substance Abuse Alliance (DSAA)

78 E. Main St. Mount Joy PA 17552 (717) 492-4596 http://dsasquared.org/

Joining Forces: www.lancasterjoiningforces.org/

Pennsylvania Department of Drugs and Alco-

hol: https://apps.ddap.pa.gov/gethelpnow/CareProvider.aspx

Support Groups

AA - Alcoholics Anonymous (717) 394-3238 or https://lancasteraa.org/meetings/

NA - Narcotics Anonymous (717) 393-4546 or https://lancasterpana.org/lcana-crouton-meeting-list/

For a comprehensive list of addiction support groups visit https://www.compassmark.org/support-groups-for-addiction/

Family Support

Al-Anon/Alateen/Adult Children of Alcoholics (888) 425-2666

Nar-Anon Family Group, Lancaster (717) 285-2909 Gam-Anon Family Group, Ephrata, Lancaster (412) 281-7484

For a comprehensive list of family support groups visit https://www.compassmark.org/support-groups-loved-ones/

Gambling

PA Problem Gambling Hotline 800-GAMBLER GA- Gamblers Anonymous Ephrata, Lancaster (855)222-5542



Facts about Lancaster County Drug & Alcohol Commission (LCDAC)

- LCDAC is also referred to as a Single County Authority (SCA).
- ◆ The administrative office is located at: 150 North Queen Street, Suite 402; Lancaster, PA 17603.
- ♦ Office hours: 8:30am -5:00pm Mon-Fri.
- LCDAC is responsible for the oversight of the drug & alcohol services within Lancaster County.
- No direct services are provided at the office site.
- LCDAC contracts out all direct services to providers throughout Lancaster County.
- LCDAC provides funds to ensure that underinsured and non-insured individuals can receive drug & alcohol treatment services.
- LCDAC also provides funds for evidence based prevention services in school, community and home-based settings.
- ◆ If you have any issues/problems/concerns regarding any drug & alcohol services within Lancaster County, contact (717) 299-8023.
- LCDAC and its contracted service providers shall give the identified Priority Populations preference to treatment as follows and, in the following order: Pregnant women who inject drugs; Pregnant women who use substances; Persons who inject drugs (PWID); Overdose survivors; Veterans.

2022

GETTING HELP

for Alcohol and other
Drug Problems in
Lancaster County

EMERGENCY HELP

Overdose or medical issues: Call 911

Withdrawal Management/Detox services:

- White Deer Run (866) 769-6822 or
- PA Adult Teen Challenge (844) 888-8085

Suicidal Thoughts:

• Crisis Intervention (717) 394-2631

For all other questions, issues, or concerns about substance use disorders, prevention, or support contact

Compass Mark at

- (717) 299-2831
- https://www.compassmark.org/ find-help/in-lancaster/

I NEED HELP WITH...

Help is available for alcohol and other drug problems in Lancaster County. Here's how you can find help for yourself or someone else:

- If you believe you or someone you know needs withdrawal management (detox) services, call White Deer Run Call Center at (866) 769-6822 or Pennsylvania Adult and Teen Challenge at (844) 888-8085.
- If you think you might need treatment OR are required to obtain an evaluation, contact one of the listed outpatient providers and they will schedule an assessment appointment to determine if you need treatment and if so, what treatment recommendations would be in your best interest.
- If you are not sure what you need to do for yourself or for someone you know that may have a drug/alcohol/gambling problem/issue/concern, contact Compass Mark at (717) 299-2831 or info@compassmark.org.
- If you would like to learn about addiction prevention for your child contact Compass Mark at (717) 299-2831 or info@compassmark.org
- If you need information on recovery support groups contact Compass Mark at (717) 299-2831 or info@compassmark.org.

How do I pay for treatment?

I have Insurance or HMO - Most insurance companies cover D&A treatment. Contact your insurance company to determine what is covered and how to properly access this benefit. It is important to follow the correct procedures. In some cases, pre-authorization from the HMO is required. Some D&A facilities will assist you in working with your insurance company.

I have Veterans Benefits - Most military veterans are eligible for D&A treatment services. Both the Lebanon and Coatesville VA Hospitals provide D&A treatment services. Call (800) 409-8771 Ext. 4543.

I have Medicaid/MA - Contact PerformCare 888-722-8646 or pa.performcare.org for covered drug & alcohol services for adults, adolescents, and children.

I can pay privately - If you have the ability to pay for your D&A treatment, you may choose any facility you can afford.

I don't have a way to pay - If you think you may need withdrawal management (detox) services, call White Deer Run Call Center at (866) 769-6822 or Pennsylvania Adult and Teen Challenge at (844) 888-8085 for a short phone assessment. If appropriate, they will begin a bed search to look for treatment accommodations for you. They will also help you determine if you are eligible for County funding, or help you determine how to pay for your treatment. If you do not need withdrawal management, but think you may need inpatient rehab, call and make an appointment with an outpatient clinic for an evaluation and a financial liability review.

LCDAC Contracted Outpatient Treatment Service Providers

PA Counseling Services - Lancaster City

40 Pearl Street Lancaster PA 17603 (717) 397-8081 www.pacounseling.com (855) 272-1653

T.W. Ponessa and Assoc. Counseling Services, Inc.

410 N. Prince St. Lancaster PA 17603 (717) 560-7917 (800) 437-5405 www.twponessa.com

Other service sites: Columbia

Blueprints for Addiction Recovery, Inc.

1901 Olde Homestead Lane Lancaster PA 17601 (717) 361-1660 www.blueprintsrecovery.com Other service sites: Mount Joy

Addiction Recovery Systems (ARS)

2192 Embassy Drive Lancaster PA 17603 (717) 394-7160 www.arshealth.com

Other service sites: Ephrata (717) 740-6910

Naaman Center*

Pennsylvania Adult and Teen Challenge

4600 East Harrisburg Pike
Elizabethtown PA 17022
(844) 888-8085
www.naamancenter.com
Other service sites: Quarryville, Lancaster

GateHouse Behavioral Health Services

817 North Cherry St. Lancaster PA 17602 (717) 393-3215 www.gatehouse.org

Rehab After Work

1725 Oregon Pike
Suite 205B
Lancaster PA 17601
(610) 644-6464
www.rehabafterwork.pyramidhealthcarepa.com

Community Care and Addiction Recovery Services*

141 E. Main St. Leola PA 17540 (717) 296-8181 www.communityaddictionrecovery.com

Frequently Asked Questions

Can someone who refuses treatment be "committed"? Adults cannot be committed for drug and alcohol treatment. There are limited circumstances where adolescents can be committed by their parents through Act 53, which requires legal intervention.

I was arrested for DUI in another state and told I need to take some kind of class. Who do I call? Contact Lancaster County Adult Probation Unit at (717) 299-8181.

My child is still in high school and I am worried that she may be beginning to experiment with drugs. Who should I call? Contact your child's guidance counselor or school nurse and ask for a referral to the Student Assistance Program at her school.

My child was arrested for underage drinking or got in trouble at school for alcohol or drugs. They need to take a class. Who do I call? Contact Compass Mark at (717) 299-2831 x231 to sign up for the Skills for Life program.

I think there is drug activity in my neighborhood. Who do I call? In an emergency, always call 911. If it is not an emergency, contact your local police or the Lancaster County Drug Task Force at (800) 422-1380.

I just want Case Management Services, can I get these without entering treatment services? YES, you can! Contact one of the listed Case Management Service Providers.

CASE MANAGEMENT SERVICE PROVIDERS

- ♦ PA Counseling Services, Lancaster City (717) 397-8081 www.pacounseling.com
- ♦ Blueprints for Addiction Recovery , Inc. (717) 361-1660 www.blueprintsrecovery.com
- ♦ Naaman Center (844) 888-8085 www.naamancenter.com
- ♦ Gate House Behavioral Health Services (717) 393-3215 www.gatehouse.org
- Rehab After Work (610) 644-6464 www.rehabafterwork.pyramidhealthcarepa.com

LCDAC PREVENTION PROVIDERS

- ♦ COMPASS MARK: (717) 299-2831 www.compassmark.org
- ♦ COBYS: (800) 452-6517 www.cobys.org
 ♦ SACA: (717) 399-4295 www.sacapa.org
- ♦ YWCA: (717) 393-1735 www.ywcalancaster.org
- ♦ GAUDENZIA: (717) 291-1020 www.gaudenzia.org

^{*} faith-based services available