

You can find our health plan's in-network and out-of-network rate disclosures as required under the Transparency in Coverage regulations by [clicking here](#).

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## Transparency in Coverage Rule

**Capital Blue Cross**  
**1.800.962.2242**

The Transparency in Coverage Rule issued by the federal government requires health insurers and group health plans to provide detailed pricing data for all covered items and services to the public in the form of Machine Readable Files (MRFs).

The link for Capital Blue Cross is [Capital MRF Link](#) (use Ctrl + click if you have trouble opening) **or** [capbluecross.com/machine-readable-file-transparency-in-coverage](https://capbluecross.com/machine-readable-file-transparency-in-coverage)

*This link leads to the machine readable files that are made available in response to the federal Transparency in Coverage Rule and includes negotiated service rates and out-of-network allowed amounts between health plans and healthcare providers. The machine-readable files are formatted to allow researchers, regulators, and application developers to more easily access and analyze data.*