

SCA ADVISORY BOARD MEETING MINUTES  
MARCH 24, 2014  
150 NORTH QUEEN STREET  
5<sup>TH</sup> FLOOR RESOURCE ROOM  
LANCASTER PA

MEMBERS PRESENT:

Colleen Anderson  
Dr. Herbert Beeders  
Jack Enco  
Elizabeth McGee-Fredericks  
Doreen K. Kreiner  
Cynthia M. Longergan  
Mary Munster  
Christiana Parsons  
Ken Ralph  
Kendra Saunders  
Tammy Tedesco  
Sylvia Vane  
Katherine Wood-Jacobs

STAFF PRESENT:

Rick Kastner  
Becky Sayeg  
Kelly Spece

I. **BUSINESS**

A. **Welcome and Introductions**

Rick Kastner welcomed the SCA Advisory Board members and introduced Ms. Denise Holden from the RASE Project. Everyone introduced themselves. Rick went over how often the Board meets, and how sometimes the Board meets at a provider facility.

B. **Minutes**

The minutes of September 23, 2013 and November 18, 2013, were approved as written.

C. **Business**

1. **SCA Treatment Budget Handout:** Rick reviewed the treatment budget handout. Heroin addiction has skyrocketed across the nation. Lancaster SCA rehab money ran out in January. If clients can get on MA right away, they can get into rehab. There are approximately 60,000 MA clients in Lancaster County. The application for MA is extensive and the County Assistance Office has 30 days to make a decision. Demand for rehab will always use up our SCA budget. There will never be enough money available. A pilot program, to get Lancaster County prisoners with mental health issues back on to MA, is being implemented. This program may be expanded to include D&A clients, at a later time, if the pilot is successful. The Commissioners and Block Grant, have given the D&A Commission another \$100,000, so that we do not run out of detox money.

The second page of the handout shows the caps for the outpatient providers. Rick is exploring ways to move the cap money around. He is meeting with the treatment providers.

A brochure was sent to hospitals and urgent care facilities in Lancaster, regarding protocol for treatment services through the D&A Commission.

2. **Annual Report 2012-13**: Rick stated that the annual report outlines the D&A Commission's accomplishments. Our office staff has decreased from 14 to 8 FTE employees, with three employees being part time. Looking at page 9, Primary Substance of Abuse 2003-2013, you can see how heroin went from approximately 35% of our clients primary drug of choice in 2003 to a low of 20% in 2008, but has now increased again to 30%. This information is obtained from the admit form. Heroin has become purer and cheaper and is a "quicker, sicker", drug of choice. Most County prisoners are either addicted to drugs or alcohol.
3. **September, 2013 QAA**: Rick stated that there was only one finding during the QAA, which was with HSA Counseling. If clients are not being evaluated within seven days, HSA is not documenting the reason in the files. Rick has written a letter to HSA, which states that if during the next monitoring, files are still not being documented, HSA will have to refund the money for those clients' evaluations.
4. **Medication Drop Off Boxes**: Rick reviewed the newspaper article regarding the collection boxes for residents' expired, unused and unwanted medications. All of the boxes are placed in Police stations. An updated listing of locations will be sent to the SCA Advisory Committee.
5. **Tabor and CHART**: Rick reviewed the newspaper article regarding Tabor and CHART (Community Homeless Assessment and Referral Team) which screens clients to find out what housing services are needed. CHART coordinates services for the clients, rather than the clients having to call different housing service providers.
6. **Opening Doors Program**: Rick reviewed the newspaper article, which is a Web-based initiative aimed at preventing middle school kids from dropping out of school. The School District of Lancaster is participating in the pilot program. Students are flagged based on their attendance, behavioral and academic performance. Interventions are then suggested.
7. **Smoking, Drinking, and Drug Use Among the Mentally Ill**: This survey reports that the MH clients are more likely to smoke cigarettes and abuse drugs and alcohol.
8. **2014 SCA Meeting Dates**: The 2014 SCA Advisory Board meeting schedule was distributed as an FYI.

9. **RASE Agency:** Denise Holden gave an overview of the RASE Agency. RASE serves as an advocate for clients. Denise read their mission statement. RASE has two Recovery Houses for women in other counties. RASE is looking to purchase a building in Lancaster City. The building will include a Drop in Center, Administrative space, and a Recovery House for men in the upper floors. Clients in the RASE'S Recovery Houses are charged \$70.00/week rent, they must supply their own food, attend mandatory meetings, undergo random drug tests, and adhere to a mandatory curfew. There is also a three page document of rules and regulations that the clients must follow. Clients in recovery are encouraged to speak to groups and in schools. Special events, such as dances, are also held to encourage interaction with the community. Programs match long time recovering clients with new recovering clients, to help with stumbling blocks. The Drop-in Center helps clients with job skills, including writing resumes and job searches.

Rick stated that Recovery Houses are not licensed, and there are no minimum standards. Lancaster D&A does not contract with any Recovery Houses.

The Lancaster SCA is providing \$100,000 of DUI money to RASE, towards the purchase of a facility in Lancaster.

Rick stated that in Lancaster, our client ratio is 70% male/30% female. Females tend not to seek treatment, because of other issues, such as children, etc.

## II. **ADJOURNMENT**

With no other items on the agenda, the meeting was adjourned at 7:30 p.m.

Respectfully submitted,

Kelly Spece  
Secretary

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